



How to Shape the Perfect Onigiri 2/2

Directions

3 Filling & Shaping

Step1 Place a portion of rice in one hand and use the fingers of your other hand to create a small well in the center.

Step2 Place your filling of choice into the well.

Next, Cover the filling with a small amount of rice and gently fold it in to hide the center.

Step3 Cup one hand to act as a "base" and use the other hand to form a "triangle roof" over the rice.

Step4 Gently press and rotate the rice ball several times to form a triangle shape.

Point The Soft Handshake: Use gentle pressure, as if giving a soft handshake.

Never press too hard, or you'll crush the rice grains and lose that fluffy texture.

Point Finish quickly. The secret to a perfect onigiri is to shape it in just a few presses to keep it airy and light.



4 Wrapping with Nori

Step1 Prepare a rectangular sheet of Nori with the rough side facing up, then place the onigiri in the center. The shiny side will become the outside.

Point The shiny side of the Nori should be facing out to make your onigiri look beautiful.

Step2 Fold both ends of the Nori toward the center. Fold the remaining Nori at the bottom upward along the base of the onigiri.

