



## How to Shape the Perfect Onigiri 2/2

### Directions

### 3 Filling & Shaping

**Step1** Place a portion of rice in one hand and use the fingers of your other hand to create a small well in the center.

**Step2** Place your filling of choice into the well.  
Next, Cover the filling with a small amount of rice and gently fold it in to hide the center.

**Step3** Cup one hand to act as a "base" and use the other hand to form a "triangle roof" over the rice.

**Step4** Gently press and rotate the rice ball several times to form a triangle shape.

**Point** The Soft Handshake: Use gentle pressure, as if giving a soft handshake.  
Never press too hard, or you'll crush the rice grains and lose that fluffy texture.

**Point** Finish quickly. The secret to a perfect onigiri is to shape it in just a few presses to keep it airy and light.



### 4 Wrapping with Nori

**Step1** Prepare a rectangular sheet of Nori with the rough side facing up, then place the onigiri in the center. The shiny side will become the outside.

**Point** The shiny side of the Nori should be facing out to make your onigiri look beautiful.

**Step2** Fold both ends of the Nori toward the center.  
Fold the remaining Nori at the bottom upward along the base of the onigiri.

